Weeneebayko Area Health Authority
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WEENEEBAYKO AREA HEALTH AUTHORITY

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May 19, 2021

RE: Two New Positive Covid-19 Cases and One Resolved in James & Hudson Bay

To our community members:

We can confirm that there are two new positive COVID-19 cases and one resolved in the region. The regional case count is now fourteen, 1 in Attawapiskat, 1 in Kashechewan, and 12 in Moosonee.

WAHA has received authorization from the leadership of Moosonee to confirm that the new cases are in Moosonee, Ontario. WAHA is working with Porcupine Health Unit to ensure that the individuals are isolated, and that the contact tracing investigation is ongoing.

The case in Moose Factory is considered resolved however we have two COVID-19 cases from out of region that are isolating in Moose Factory. These cases are not counted in our regional numbers.

In general, for COVID-19, a close contact is anyone who was within 2 metres or 6 feet of an infected person for at least 15 minutes during the time of infectivity. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19. Passing a person in the hallway or in a store is generally not considered close contact and has an extremely low risk of spreading the virus. Public Health will contact you if you are considered a close contact.

At this time, we recommend that everyone continue to monitor for symptoms. If ANY symptoms develop, isolate immediately and call your local assessment centre or your health care provider to arrange testing.

Symptoms can include:

- Fever
- Sore throat/hoarse voice
- New or worsening cough
- Loss of sense of taste or smell
- Shortness of breath

• Nausea, vomiting
• Runny nose/nasal congestion
• Diarrhea

In some cases, atypical symptoms could develop, such as, unexplained fatigue or malaise, muscle aches, delirium, unexplained or increased number of falls, acute functional decline, exacerbation of current chronic conditions, chills, headaches, croup, conjunctivitis.

If you have any questions, please don't hesitate to contact WAHA or the Porcupine Health Unit for more information.

To reduce the risk of exposure, please continue to follow public health measures:

• Wash your hands often with soap and water or alcohol-based hand sanitizer
• Sneeze and cough into your sleeve
• Avoid touching your eyes, nose or mouth
• Stay home and isolate for 14 days if you have any symptoms
• Practice 2 m physical distancing
• Wear a mask in indoor public spaces and outdoors when physical distancing of 2 metres/6 feet cannot be maintained.

Should you have questions, please contact WAHA at 705-658-4544 or check our website for continued updates.

Thank you,

Dr. Elaine Innes, Chief of Staff, WAHA
Lynne Innes, President & Chief Executive Officer, WAHA

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